



Services

NON PROFESSIONAL COURSES

Harmonizing Your Training TM with the Body Type System

This is a workshop designed for people interested in discovering what exercise regime is most beneficial for their Body Type. For example, some people gravitate towards Yoga, Tai Ji Quan, Pilates, Jogging, Weight Lifting, etc. The question is why? This course will answer that question and give sets of exercises to reinforce and motivate that spark within you.

Understanding My True Nature TM with the Body Type System

This is a seminar designed for people interested in understanding themselves on a deeper level. It will also give descriptive language for enhanced communication skills with oneself and others. (IE: Learning how to listen to your body.) Understanding My True Nature with the Body Type SystemTM will cover basic guidelines for personal nutrition, exercise, and sleep while increasing your awareness of self and others.

Navigating Nutrition TM with the Body Type System

Have you ever wondered why diets come and go like Atkins, South Beach, etc., and they work for some and not for others? We all have taken trips in our life –gotten lost and found our way again. Navigating nutrition with the BODY TYPE SYSTEMTM allows you to start at your origin point (i.e. Body Type) and allows you to navigate through your own life of successes and failures through diet.

This helps you understand why nutrition and life style habits aided in functional or dysfunctional dietary habits. The course will specifically give you the tools to pin point and identify the core reasons for choices on your life path in regards specifically to food synthesis and energetic expression.

Group Classes

On location group seminars introduce you to our customized training philosophy revealing your inner nature. Group seminars are 10 to 15 people divided into smaller groups during this three part seminar.

Private Sessions

A 55 minute session with our founder to discover your Body Type™, history, and personal goals. An individual track is developed for each person during this one-on-one consult.

Skype Session

A 55 minute session with our founder to discover your Body Type™, history, and personal goals. An individual track is developed for each person during this Skype consult.

PROFESSIONAL COURSES

Licensed Acupuncturists

Part I: Introduction to Body Types & Chinese Herbal Treatment

This course is designed to allow the practitioner to diagnose and treat with herbal medicine, combining several different ancient systems of Chinese medical diagnoses as it applies to herbal treatment. Once you take this course, diagnosis and treatment with herbal medicine will be greatly simplified.

Part II: Young & Old

This course will allow the practitioner to distinguish between young and old body types. They will also gain a deeper understanding of impersonations of other body types.

Part III: Destiny & Karma

This body type course deals with the person's birth and death, and allows the practitioner to see the complete life and death cycle.

Part IV: Geomancy

This body type course deals with geomancy and how it relates to the person's birth place and habitation.

Pi Fu Zhuan Jia

Private Session (Facility Training)

One on one at your spa or facility, this seminar is designed to instruct the candidate on how to separate basic skin types. In addition, they will learn introductory treatment principles to bring harmony to any skin type through the Yin/Yang praxis. After treatment, the client will have their youthful glow restored. Basic definitions of this profession will be discussed.

Group Sessions

In a small group setting of 10-15 candidates, this seminar is designed to instruct the candidate on how to separate basic skin types. In addition, they will learn introductory treatment principles to bring harmony to any skin type through the Yin/Yang praxis. After treatment, the client will have their youthful glow restored. Basic definitions of this profession will be discussed.